



max 15
young people
from 18 to 30
years old



Summer Camp 2023 | July 22nd-29th Sustainability & Sail

Camp objective is to offer young people a unique learning and cultural experience related to an increasingly relevant topic for Rotary and Society, the **Sustainability**, with focus on two key issues: **renewable energy sources and low environmental impact agriculture**.

Responsible consumption and production is about doing more and better with less. It is also about decoupling economic growth from environmental degradation, increasing resource efficiency and promoting sustainable lifestyles.

The world's energy and agriculture systems must be transformed to cope with growing demand to become more inclusive, secure and sustainable. The transformation pathways of the two systems are deeply entwined: agri-food systems consume about 30% of the world's energy, and a third of agri-food systems' emissions of greenhouse gases stem from energy use.

Camp's participants will have the opportunity to visit outstanding companies operating in the field of energy and agriculture that made sustainability their driver of innovation and growth and seeing it applied to operational processes and aimed at bringing value and pursuing excellence.

Furthermore, you will have the opportunity to experience the highest levels of sustainability applied to sport, in particular sailing as it represents an ideal place for training and experimentation, an environment where it is possible to embrace values and reproduce fundamental dynamics such as sustainable strategies, problem solving, team working and leadership. Learn sailing's contribution to global sustainability aboard **IDRUSA**, a **dream maxy yacht of 80 feet**, holder of major victories worldwide and that has hosted the most important olympic champions.



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Camp Information

Host District	D2041 - Milan (Italy)
Organizing	Rotary Youth Exchange Committee D2041
Participants	max. 15 youths aged 18 - 30 years old, one boy or one girl from each country on the basis of first come first served. Participants will receive acceptance confirmation as soon as possible. (The camp will be cancelled if we fail to recruit more than 10 youths before March 30th, 2023).
Age	18 - 30 years old
Camp Language	English
Cost	€900 camp fee (the cost includes food, accommodation and transportation during the camp). Travel and personal expenses not included.
Accommodation	Hotels and host families.
Clothing	Casual wear for sightseeing, swimming and sports.
Insurance	All participants must be insured against illness, accident and third party damages according to R.I. recommendation. Email insurance copy for our approval before camp time.
Arrival	July 22nd arrival to Milan Airport (MPX or Linate).
Departure	July 29th departure from Milan Airport (MPX or Linate).
Application	To apply for this camp, contact the Camps Coordinator: Alistair Knox - email: camps@youthexchange.org.uk
Deadline	15th April 2023



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Camp Program

July 22nd	• Arrival in Milan within 4 pm Italian time • Welcome party • Dinner and accommodation in Milan	
July 23rd	<i>Morning</i> • Meeting at District 2041 headquarters • Camp Program presentation • District 2041 presentation • Sustainability and ESG issues: drivers for growth and development • "Mediterraneo e Dieta Mediterranea: Patrimonio essenziale per il futuro dell'Umanità" • Idrusa: bring sustainability on board <i>Afternoon</i> • Discovering Milan • Special dinner to learn and taste the best Italian food recipes • Accommodation in Milan	
July 24th	• Visit to leading companies in sustainability to understand their application to operational processes • Discovering Milan and Surroundings • Shopping tour in the fashion streets • Dinner and accommodation in Milan	
July 25th	• Departure to Bari or Brindisi (Puglia) by flight • Visit to leading companies • Visit Grotte di Castellana • Dinner • Accommodation in a typical Apulian Masseria	
July 26th	• Meeting c/o Yacht Club of Brindisi • Training activities related to sport and sustainability • Aboard Idrusa (living the magic of sailing in the Mediterranean Sea) • Debriefing of the day (behavioural analysis: objectives, challenges, roles, issues, ...) • Dinner with the crew of Idrusa • Accommodation in Masseria	
July 27th	• Day aboard Idrusa for team sport sailing activities • Debriefing of the "lessons learned" • Dinner • Accommodation in Masseria	
July 28th	• Departure to Milan • Free time in Milan • Firewall party • Accommodation in Milan	
July 29th	• End of Camp • Return back to your countries	

(The above itinerary is subject to minor changes according to practical needs).