

05-19
AUGUST
2023



EXPERIENCE THE LAKE DISTRICT OF CENTRAL DENMARK

CAMP



Swim in freshwater lakes, canoe the river
Gudenaen, hike in the footprint of democracy and
get to know sustainable food production through
farm visits and DIY cooking.



EXPERIENCE THE LAKE DISTRICT OF CENTRAL DENMARK

THIS CAMP IS ALL ABOUT ENJOYING THE BEAUTIFUL NATURE OF CENTRAL DENMARK WHILE GETTING INTRODUCED TO MODERN DANISH SOCIETY, WHICH IS FOUNDED ON DEMOCRACY, EDUCATION, FOOD PRODUCTION AND "HYGGE"!

NATURE

DURING THE CAMP YOU WILL EXPERIENCE THE UNIQUE NATURE OF THE LAKE DISTRICTS, WHERE WE WILL BE HIKING, CANOEING, SWIMMING AND DO MINDFUL WALKS IN THE FORESTS SURROUNDING US.

FOOD

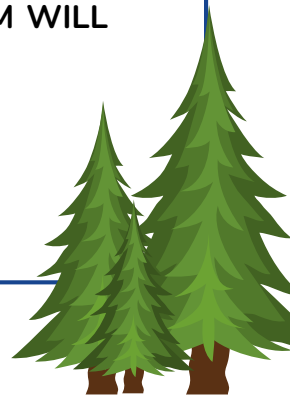
THOUGHT IS NOTHING IF FOOD IS NOT PLENTY! YOU WILL EXPERIENCE TRADITIONAL AND ORGANIC HIGH QUALITY FOOD PRODUCTION THROUGH FARM VISITS AND TOGETHER WE WILL TURN AGRICULTURAL PRODUCTS INTO DELICIOUS AND TASTY FOOD.

EDUCATION & DEMOCRACY

DEMOCRACY AND EDUCATION IS KEY TO THE DANISH WELFARE SOCIETY. WE WILL DISCUSS AND EXEMPLIFY HOW FACTORS SUCH AS EDUCATION, EQUAL RIGHTS, FREEDOM OF SPEECH, GENDER EQUALITY, SEPARATION OF POWERS, CONFIDENCE IN AUTHORITIES AND TRUST AMONG PEOPLE HAVE TURNED THE SMALL KINGDOM OF DENMARK, WITH LIMITED NATURAL RESOURCES, INTO ONE OF THE RICHEST NATIONS IN THE WORLD.

BUT MOST OF ALL YOU WILL HAVE PLENTY OF TIME TO "HYGGE" WITH MANY NEW FRIENDS FROM DIFFERENT COUNTRIES AND EXPERIENCE THE HOSPITALITY OF THE ROTARY VOLUNTEERS, WHO WILL GO OUT OF THEIR WAY TO MAKE THIS THE GREATEST EXPERIENCE OF 2023!

WANT TO LEARN MORE OR UNDERSTAND THE CONCEPT OF HYGGE? FOLLOW US ON THE FACEBOOK GROUP *FOOD, NATURE AND DEMOCRACY - LAKE DISTRICT - DENMARK - 2023* WHERE THE DETAILED PROGRAM WILL BE ANNOUNCED EARLY MARCH.



PRACTICALITIES

Arrival	Saturday August 5th 2023 preferably before 4 p.m. to Billund Airport (BLL) or Skanderborg Railway Station. A Rotary representative will be at the airport and assist you with transportation to/from the camp (arrival and departure).
Departure	Saturday 19th August 2023
Hosting District	D1450 – Central Jutland (Denmark) by the clubs of Skanderborg, Ry, Brædstrup & Galten-Skovby.
Participants	We have room for 20 participants with maximum 1 male and 1 female participant from each country.
Age	18-25 years old
Language	English
Costs	€150 EUR which will be charged at the time you are accepted to the camp.
Other costs	Participants will have to pay for their trip to/from Billund/Skanderborg and pocket money.
Clothes	Casual clothes – a packing list will be provided upon acceptance of participation.
Insurance	All participants must take out their own travel insurance. In addition for EU participants please bring your blue EU health insurance card.
Dietary Restrictions and other conditions	Please note that this camp is all about food! <u>We are not able to accommodate a vegan diet.</u> Further, you should be able to hike a distance of 15 km.
Deadline	Deadline for application is 1st April 2023.
How to apply?	To apply for this camp, contact the Camps Coordinator: Alistair Knox - email: camps@youthexchange.org.uk
More information	If you have further questions about the camp, please follow us on Facebook: <i>Food, Nature and Democracy - Lake District - Denmark - 2023</i>

